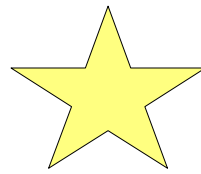


# FAST Arizona Star of the Month Nomination Form



### Criteria:

- Between the ages of 9 and 18 years
- Enrolled as a full time student
- Elementary School: Satisfactory or Above marks / Junior High and High School: GPA 3.0+
- Enrolled in a school or club sport

### Steps to Nominate:

1. Complete below nomination form and send to [kjohnson@foothillsrehab.com](mailto:kjohnson@foothillsrehab.com) or 15410 S Mountain Parkway, Ste 108, Phoenix 85044
2. Include a 5-7 sentence essay submission from the nominee submit on why it is important to live a healthy and active life.

### Selection Process:

The Arizona Star of the Month board, consisting of four members, will determine the winner based on their ability to meet the above listed criteria and the content of their essay submission.

### Prize:

The winner will receive a one month FAST® Fitness Package from *Foothills Acceleration and Sports Training*. Kids & Sports will also be awarding a prize to the winner.

<b>Nomination Form:</b>	
Name: _____	Relationship to Nominee: _____
Nominee Name: _____	Nominee Address: _____
Nomine Phone: _____	
School: _____	GPA: _____
Nominee Sport: _____	Age: _____
Essay Question: <i>Why do you feel it is important to live a healthy and active life?</i>	
_____	
_____	
_____	
_____	
_____	